

Search Institute's 40 Developmental Assets

ASSET TYPE		ASSET NAME AND DEFINITION
EXTERNAL ASSETS	Support	<ol style="list-style-type: none"> 1. Family support --- Family life provides high levels of love and support. 2. Positive family communication --- Young person and her or his parent(s) communicate positively, and young person is willing to seek parent(s)' advice and counsel. 3. Other adult relationships --- Young person receives support from three or more non-parent adults. 4. Caring neighborhood --- Young person experiences caring neighbors. 5. Caring school climate --- School provides a caring and encouraging environment. 6. Parent involvement in schooling --- Parent(s) are actively involved in helping young person succeed in school.
	Empowerment	<ol style="list-style-type: none"> 7. Community values youth --- Young person perceives that adults in the community value youth. 8. Youth as resources --- Young people are given useful roles in the community. 9. Service to others --- Young person serves in the community one hour or more per week. 10. Safety --- Young person feels safe at home, school, and in the neighborhood.
	Boundaries and Expectations	<ol style="list-style-type: none"> 11. Family boundaries --- Family has clear rules and consequences; and monitors the young person's whereabouts. 12. School boundaries --- School provides clear rules and consequences. 13. Neighborhood boundaries --- Neighbors take responsibility for monitoring young people's behavior. 14. Adult role models --- Parent(s) and other adults model positive, responsible behavior. 15. Positive peer influence --- Young person's best friends model responsible behavior. 16. High expectations --- Both parent(s) and teachers encourage the young person to do well.
	Constructive Use of Time	<ol style="list-style-type: none"> 17. Creative activities --- Young person spends three or more hours per week in lessons or practice in music, theater or other arts. 18. Youth programs --- Young person spends three or more hours per week in sports, clubs or organizations at school and/or in community organizations. 19. Religious community --- Young person spends one or more hours per week in activities in a religious institution. 20. Time at home --- Young person is out with friends "with nothing special to do," two or fewer nights per week.

ASSET TYPE		ASSET NAME AND DEFINITION
INTERNAL ASSETS	Commitment to Learning	<p>21. Achievement motivation --- Young person is motivated to do well in school.</p> <p>22. School engagement --- Young person is actively engaged in learning.</p> <p>23. Homework --- Young person reports doing at least one hour of homework every school day.</p> <p>24. Bonding to school --- Young person cares about her or his school.</p> <p>25. Reading for pleasure --- Young person reads for pleasure three or more hours per week.</p>
	Positive Values	<p>26. Caring --- Young person places high value on helping other people.</p> <p>27. Equality and social justice --- Young person places high value on promoting equality and reducing hunger and poverty.</p> <p>28. Integrity --- Young person acts on convictions and stands up for her or his beliefs.</p> <p>29. Honesty --- Young person “tells the truth even when it is not easy.”</p> <p>30. Responsibility --- Young person accepts and takes personal responsibility.</p> <p>31. Restraint --- Young person believes it is important not to be sexually active or to use alcohol or drugs.</p>
	Social Competencies	<p>32. Planning and decision-making --- Young person knows how to plan ahead and make choices.</p> <p>33. Interpersonal competence --- Young person has empathy, sensitivity and friendship skills.</p> <p>34. Cultural competence --- Young person has knowledge of and comfort with people of different cultural/racial/ethnic backgrounds.</p> <p>35. Resistance skills --- Young person can resist negative peer pressure and dangerous situations.</p> <p>36. Peaceful conflict resolution --- Young person seeks to resolve conflict non-violently.</p>
	Positive Identity	<p>37. Personal power --- Young person feels he or she has control over “things that happen to me.”</p> <p>38. Self-esteem --- Young person reports having a high self-esteem.</p> <p>39. Sense of purpose --- Young person reports that “my life has a purpose.”</p> <p>40. Positive view of personal future --- Young person is optimistic about her or his future.</p>

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